

# When my country goes to war

## Trauma Discussion Materials

*Living Hope* - Living Hope is a 16-week curriculum from [Grace Alliance](#) to use personally, one-on-one, or in a small group experience to guide you through simple biblical and neuroscience insights and tools to reduce the symptoms and challenges with trauma and/or PTSD. [Seems to be temporarily unavailable on their website. See [here](#) for an online copy.]

## Websites

- [Justice Bible Studies](#) from US InterVarsity. Not designed specifically for international students or the topic of war, but invites students to discuss the biblical texts that relate to God's heart for justice.
- [When My Whole World Changes](#). This book produced by [Biblica](#) explores some common thoughts and feelings people have in difficult moments. It is especially helpful after disasters and emergencies. There are also some passages to read from the Bible that help with the difficult work of grieving and healing. Parts of the Bible give voice to our anger, fears and hopes. Other portions read like God's own words to us.
- [\[Bible Study Course: "God With Us in a Time of War"\]](#). Produced by ChatGPT, using the prompt "Write a 5 week Bible study course suitable for international students whose home countries have gone to war. Include approximately 5 questions for each study as well as follow-up reading suggestions." Take it for what it's worth!]

## Articles and Books

- C.S. Lewis – [Learning in War-Time](#). Lewis speaks to students beginning their studies during WWII, reflecting on whether learning still matters when the world is collapsing.
- Miroslav Volf – *Exclusion and Embrace*. Written by a Croatian theologian reflecting on violence, otherness, and reconciliation during the Yugoslav Wars.
- Nicholas Wolterstorff – *Lament for a Son*. A raw, honest Christian reflection on grief and love by a theologian who lost his son.
- Yohanna Katanacho - [A theology of tears: cry with us: Lamentation and hope in the Middle East](#). A Palestinian theologian's struggle with the book of Lamentations and the realities in his homeland.