



# MESSENGERS OF **HOPE**

IFES WORLD ASSEMBLY 2019

## EXCURSIONS

Monday 8 July

### ON-SITE (KLEIN KARIBA)

#### SWIMMING

There are two heated outdoor swimming pools, a heated indoor pool, a cold outdoor swimming pool, a splash pool and water slides.

#### HIKING TRAILS

Choose between a 5km, 7km and 9km walk through the beautiful (but rocky) trails. Water, hats, and appropriate hiking shoes are strongly recommended. The shortest trail will take 1.5-2 hours and the longest trail 3-4 hours.

#### HORSE-RIDING

Go horse-riding on guided routes through the nature reserve. No trotting or galloping. Weight limit of 115kg. Not recommended for people with back problems or pregnant ladies.

**Price:** US\$3/\$6; ZAR 35/85

**Excursion time:** 15min/45min

**Start time:** 11:00/14:00/15:00

#### FOOTBALL/VOLLEYBALL

Enjoy a game of volleyball or football on-site.

#### MASSAGE

Spa treatments are organised by Mon J Beauty Salon and can be booked at the front desk of the salon when you arrive in the resort.

**Price:** various

## PEDAL BOATS

Pedal boats are hired for 30 minutes at a time and afford great views from the lake.

**Price:** US\$2; ZAR 25

**Excursion time:** 30min

**Start time:** 11:00-12:30; 13:30-16:00

## FOREVER RESORTS: WARM BATHS

The Forever Resorts: Warm Baths is just a few kilometres from Klein Kariba. Take a short shuttle from Klein Kariba. You will need to sign up at Reception for all these excursions.

### WATER-SKIING

This simulated water-skiing experience allows you to ski across the dam holding on to a cable suspended above you using a wakeboard, kneeboard, or double ski-board. Training and safety jacket provided.

**Price:** US\$19/\$22

**Excursion time:** 30min/1 hour

### SWIMMING

Indoor and outdoor hot and cold pools, water slides and super-tubes.

**Price:** US\$14

### SAFARI

Take an open-vehicle safari drive through the 1200-hectare private nature reserve adjacent to Forever Resort: Warm Baths. There are no predatory animals on this drive, but enjoy looking for kudu, giraffe, blesbok, oryx, impala and many other indigenous animals. No glass items or alcohol allowed into the reserve.

**Price:** US\$29

**Excursion time:** 1 hour

### THE HYDRO AND SPA

A Brochure is available with all options and prices here:

[http://www.foreverwarmbaths.co.za/hydro\\_spa.php](http://www.foreverwarmbaths.co.za/hydro_spa.php)

**Price:** various + entrance US\$14

## WILDLIFE

### BAMBELELA WILDLIFE CARE

A rescue, rehabilitation, and release centre for bush babies, baboons and monkeys. This is a 1.5 hour guided tour offering in-depth knowledge and first-hand experiences about hand-rearing primates.

**Total price:** US\$18

**Excursion time:** 1.5 hours

**Start time:** 14:00

**End time:** 16:30

**Transfer time** (one way): 20 min

### FERACARE CHEETAH SANCTUARY

The tour truck drives through the African wild dogs and cheetah camps as rangers feed them a few metres away from the vehicle. Perhaps even catch a glimpse of zebra, giraffe, wildebeest and plenty more while driving from camp to camp.

**Total price:** US\$36

**Excursion time:** 2.5 hours

**Start time:** 14:00

**End time:** 18:00

**Transfer time** (one way): 1.5 hours

### DINOKENG WILDLIFE PARK

Dinokeng is the only free-roaming Big Five reserve in Gauteng and offers open-air game drives. The experienced tour guides will give you extra insight and make sure you see as much as possible on your safari.

**Total price:** US\$100; ZAR1410

**Excursion time:** 3 hours

**Start time:** 11:00

**End time:** 18:00

**Transfer time** (one way): 2 hours

### MARAKELE NATIONAL PARK

Marakele is one of the National wildlife parks and is split into two separate parts. One part offers un-fenced grounds for the not-predatory animals (antelope, ostriches, and warthogs etc). The second part houses the more dangerous animals and it is here you will find the famous Big Five.

**Total price:** US\$95

**Excursion time:** 3 hours

**Start time:** 11:00

**End time:** 18:00

**Transfer time** (one way): 2 hours

## COMMUNITY SERVICE

### TEKNA CHILDREN'S HOME

Tekna is a home for abused children ages 0-12 years. Be involved in the daily operations of caring for children's emotional and physical needs. Assist in preparing meals, cleaning facilities, or feeding infants, or just spend time playing with the children. Donations towards electricity, non-perishable food items, toiletries, baby products, and toys are greatly appreciated.

**Excursion time:** 1.5 hours

**Start time:** 11:00/15:00

**Transfer time** (one way): 30 min

## ACTIVITIES

### GOLF LESSONS

Join Nick Goh, IFES International Services staff and writer for international golfing magazines, for a golf lesson. Perfect for beginners or those who are a little rusty. If you're a more advanced player, then join this excursion for a 9-hole round.

**Venue:** Elements Private Golf Course

**Total price:** US\$12

**Excursion time:** 3 hours  
**Start time:** 13:15  
**End time:** 16:30  
**Transfer time** (one way): 15 min

## **ZIPLINE TOUR**

This zipline tour offers an aerial view of the Waterberg mountains and its wildlife.

**Venue:** Waterberg Zipline Tours  
**Total price:** US\$85; ZAR 1190  
**Excursion time:** 3 hours  
**Start time:** 11:00  
**End time:** 18:00  
**Transfer time** (one way): 2 hours

## **HISTORY AND CULTURE**

### **PRETORIA TOUR**

This tour covers several of the major political landmarks around the area, including the Union buildings and Freedom Square in the Mamelodi township. Learn about those who fought for freedom in South Africa.

**Total price:** US\$55; ZAR 900  
**Excursion time:** 3 hours  
**Start time:** 11:00  
**End time:** 18:00  
**Transfer time** (one way): 2 hours

### **MAKAPANSGAT CAVES**

The Makapansgat Valley and Caves draw palaeontologists from around the globe to view fossils that are dated back to over three million years.

**Total price:** US\$85; ZAR 1190  
**Excursion time:** 3 hours  
**Start time:** 11:00  
**End time:** 18:00  
**Transfer time** (one way): 2 hours

### **BELA-BELA TOWNSHIP TOUR**

Take a tour of the township of Bela-Bela. Hear stories from the people living in the township and learn about the importance of Bela-Bela in the history of South Africa. Learn about the fascinating history of Bela-Bela, taste traditional food, experience amazing cultural dance, and see some of the famous bushman paintings.

**Total price:** US\$55; ZAR 769.5  
**Excursion time:** 2.5 hours  
**Start time:** 11:00  
**End time:** 13:45  
**Transfer time** (one way): 5 min